Make certain that your project goals are clearly defined and if they are not, define your own.

Challenge yourself to meet similar standards each day and if you find that you are not meeting them on a regular basis.

Make a record of your accomplishments each day.

Use formal training and structured practical experiences.

Match him to associates who are at least average or better in self-management potential.

Give your best to reach the goal.

Find satisfaction in managing through practical application.